



# WELLNESS HOTEL TERME DELLE NAZIONI

HOTEL TERME DELLE NAZIONI • Via Mezzavia 20 • 35036 Montegrotto Thermae, Padua, Italy  
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 VIDEO: <http://www.youtube.com/watch?v=RhRgjpW0s1w>

PRICE LIST 2012	SPECIAL OFFER	LOW SEASON	SEASON
		08/01 - 03/03	04/03 - 31/03
	24/06 - 28/07	27/05 - 23/06	02/09 - 06/10
	11/11 - 09/12	27/07 - 01/09	22/12 - 05/01/13
		07/10 - 10/11	
<p><b>Price per day half board per person in a standard double room</b> with bath or shower, direct telephone, satellite TV, air conditioning, safe, mini-bar, hair dryer, balcony, garden, covered private parking, wireless.  <b>Use of the three thermal swimming pools with bath robe and coloured towels</b></p>	€ 82.00	€ 88.00.	€ 92.00
Supplement for full-board per person:	€ 10,00		
Daily supplement for single room:	€ 6,00		
Daily supplement for Junior suite room (min. 2 pax)	€ 28.00		
Daily supplement for Superior room (min. 2 pax)	€ 20.00		
Overnight stay per room with breakfast Single room	€ 80.00		
Overnight stay per room with breakfast Double room:	€ 135.00		

At the elegant restaurant "Ibiscus", Executive Chef Claudio and Maitre Sandro are offering an à la carte menu filled with flavourful regional and international dishes that are enhanced in the presentation with a light and suprising touch.

## SPECIAL OFFER

**Discounted lump sum** with half board, tretment per person medical examination on arrival, mud with shower and thermal ozonised bath, massage and bath robe.

7 Days 5 Cures	€ 803.45	€ 845.45	€ 873.45
7 Days 6 Cures	€ 843.10	€ 885.10	€ 913.10
10 Days 6 Cures	€ 1089.10	€ 1149.10	€ 1189.10
10 Days 8 Cures	€ 1168.40	€ 1228.40	€ 1268.40
12 Days 10 Cures	€ 1411.70	€ 1483.70	€ 1531.70
14 Days 10 Cures	€ 1575.70	€ 1659.70	€ 1715.70
14 Days 12 Cures	€ 1655.-	€ 1739.-	€ 1795.50

## THE THERME

Compulsory medical examination for admission to treatments.....	€ 30,00
Mud bath with shower.....	€ 33,00
Ozonised thermal bath.....	€ 18,00
Body massage with camphorated skin cream (20 min.).....	€ 28,00
Hydromassage with thermal water.....	€ 20,00
Inhalations with thermal water.....	€ 10,00
Aerosol with thermal water.....	€ 10,00
Thermal mudpack (sinusitis tratment).....	€ 20,00
Thermal mudpack (acne treatment).....	€ 20,00
White bathrobe for treatments (including possible changes).....	€ 18,00

## PAIN RELIEF MASSAGE

Antistressmassage with cupping and moxibustion(40 min.).....	€ 52,00
Craniosacral therapy (40 min.) .....	€ 50,00
Phisiokinesitherapy (30 min.) .....	€ 38,00
Neuromotor rehabilitation (45 min) .....	€ 52,00
Post-surgery rehabilitation (45 min) .....	€ 52,00
Thermal-waterkinesitherapy (20 min.).....	€ 30,00
Assisted hydrokinesytherapy .....	€ 50,00
Manual lymphodrainage Vodder method (60 min.).....	€ 70,00
Manual lymphodrainage Vodder method (40 min.).....	€ 52,00
Manual osteopatyc therapy (30 min.) .....	€ 60,00
Postural re-education gymnastics (30 min.) .....	€ 40,00
Postural gymnastic- Mezieres method (40 min.).....	€ 48,00
Myofibrolysis (30. Min).....	€ 60,00
Adamski abdomen massage and artery stretching.....	€ 28,00
Laser therapy (20 min).....	€ 25,00
Ultrasaund (20 min).....	€ 15,00
Elektro therapy (20 min).....	€ 15,00
Magneto therapy (20 min).....	€ 15,00

New

Physiotherapy using Complex Multifrequency Ultra-weak Magnetic Fields-CMF

€ 50.00

Programme against pain:

1 Compulsory medical examination

6 Ozonised thermal bath

3 **CMF**

1 Manual osteopathic therapy .....€ 299.00

## RELAX & WELLNESS

Total Body massage with oil of orange. lemon tree etc. (40 min.).....	€ 50.00
Relax massage (40 min.) .....	€ 50,00
4 Hands Massage (30 min.) .....	€ 55,00
Bioenergy Massage (40 min.) .....	€ 50,00
Ayurvedic massage (40 min.).....	€ 52,00
Thai (Thai-massage 40 min.) .....	€ 52,00
Holistic massage.....	€ 50.00
Massage with karite butter.....	€ 50.00
Connetiva massage (20 min.) .....	€ 30,00
Shiatsu iokai or masunaga(40 min.) .....	€ 52,00
Watsu (40 min.) .....	€ 52,00
Plantar reflexology (20 min.) .....	€ 30,00
Stone therapy .....	€ 50,00

## AESTHETICS

Mineral mask.....	€ 28.00
Thermal mudpack.....	€ 28,00
Lymphatic drainage facial massage.....	€ 26,00
Facial cleaning and application with active principles of collagen.....	€ 57,00
A specific anti-age tretment, manual oxygenation and gomming massage.....	€ 57,00
A specific antiage treatment "Skin colours" .....	€ 89.00
Body Peeling with emollient massage using vitamin oils of orange and lemon.....	€ 35,00
Maual bust toning treatment, gomming oxygenating massage "Cristalli".....	€ 57,00
Manual anticellulitis or firming body programme and alginate .....	€ 57,00
Exfoliating and regeneration body treatment.....	€ 100,00
Wrapping treatment for fitming and cellulitis.....	€ 32,00
Treatment "Thermoaesthetical " .....	€ 57,00
Total body massage for anticellulitis or firming or sliming.....	€ 50,00
Gomming massage and active principles for cellulitis or firming or slimming.....	€ 57,00
Electrostimulator for anticellulitis and firming.....	€ 37,00
Solarium.....	€ 8,00
Pedicure.....	€ 30,00
Special pedicure.....	€ 40.00
Manicure.....	€ 15,00
Total hair removal.....	€ 40,00
Partial hair removal.....	€ 25,00
Hair removal (groin, underarms, facial).....	€ 11,00
Make up for eyerbrovs, eyes.....	€ 8,00

**On request personal and discounted packages**

## "RENOVA" BEAUTY

- **Programme specific facial: "ANTIAGE"**

Facial cleansing and application of active principles of collagen hyaluronic acid, royal jelly, carrot oil.

- 4 sessions (complete cycle)..... € 216,00

- **Programme the answers to future: "FEELING-TIME"**

A specific anti-age treatment, manual oxygenation and gommeing massage

- 3 sessions.....€ 162,00

- 6 sessions.....€ 324,00

- **Programme Bust: "CRISTALLI"**

A manual toning treatment, gommeing oxygenating massage.

- 3 sessions.....€ 162,00

- **Programme: "SLIMING AND FIRMING"**

**Manual treatment, gommeing, active principles,**

- 3 session.....€ 163,00

- 6 sessions.....€ 326,00

**Gommeing massage and alginate mask:**

- 3 sessions.....€ 163,00

- 6 sessions.....€ 326,00

**Manual body treatment and elektrostimulation:**

- 3 sessions gommeing massage and active principles, 3 sessions with body slim.....€ 256,00

**Manual anticellulitis and firming body programme:**

- 3 sessions.....€ 91,00

## SPECIAL OFFER

- **Programme: "ANTISTRESS"**

- 3 Thermal hydromassages with essential oils

- 1 Antistressmassages

- 1 Specific facial treatment

- 1 Plantar reflexology

- 1 Bioenergy massage.....€ 220,00

- **Programme: "THERMAL WEEKEND"**

- 1 Body peeling

- 1 Thermal hydromassages with essential oils

- 1 Specific facial treatment

- 1 Relax massage.....€ 152,00

- **Programme: "THERMAE FOR HER & HIM"**

- 2 Thermal hydromassages with essential oils

- 2 Bioenergy massages

- 2 Specific facial treatments

- 1 Body peeling.....€ 274,00

- **Programme: "REMISE EN FORME"**

- 1 Avurvedic massage

- **Programme: "100% WELLNESS"**
  - 2 Mud bath
  - 2 Ozonized thermal bath
  - 1 Total body massage
  - 1 Ayurveda massage.....€ 168.00
  
- **Programme "THERMOAESTHETICAL"**
  - 1 Treatmaent Body peeling
  - 2 Treatment Thermoaesthetical
  - 1 Bioenergie Massage.....€ 189.00
  
- **Programme "TOTAL RELAX"**
  - 1 Massage with karite butter
  - 1 Facial cleaning and application with active principles of collagen
  - 1 Ayurveda massage.....€ 150.00
  
- **Programme "SKIN CHANGE PROGRAM"**
  - 1 Exfoliating and regeneration body treatment
  - 1 Facial cleaning and application with active principles of collagen.....€ 140.00
  
- **Programm "MEAN'S HEALTH"**
  - 1 Energie Massage
  - 1 Skin Colours anti -age for men
  - 1 Pedicure
  - 1 Manicure.....€ 165.00
  
- **Programm 1 "WRINKLES" GOODBYE**
  - 1 Facial cleaning
  - 1 Facial Gomming massage
  - 4 CMF
  - 2 Biolifting .....€ 320.00
  
- **Programm 2 "FALTEN" GOODBYE**
  - 1 Facial cleaning
  - 3 CMF .....€ 132.00

**THERMAL TREATMENTS FOR THE FOLLOWING PRINCIPAL DISORDERS**

Thermal hotel operating within the italian national health service, classified as top level by the health ministry included in the O.T.P. monitoring network at the university of Padua to control the maturing process and quality of thermal mud.

Arthritis, arthrosis, sciatica, lumbago, osteoporosis, after effects of traumas and fractures, neuralgia and neuritis, uricaemia and gout, myositis, dearticulations, distortions, contusions, peripheral phlebochosis, chronic catarrh in respiratory tract, sinusitis, post-operative adhesions, obesity.

## FAMILY GROUP SPECIAL

- Children from	0 to 3 years	€ 5.00
- Children from	4 to 8 years	50% added bed
- Children from	9 to 12 years	30% " "

- **Dogs** € 6.00 for day. Animals are not allowed in the restaurant, swimming pools and treatment rooms.

- **Garage** € 6,00 for day.

## FREE SERVICES

- ✓ Three thermal pools staying
- ✓ Use of pool for dr. Kneipp method
- ✓ Thermal cave
- ✓ Aromatherapy
- ✓ Collective gymnastic in thermal water
- ✓ Jogging park 35.000 mq
- ✓ Well equipped gym
- ✓ Tennis
- ✓ Bowling lawns
- ✓ Ping Pong
- ✓ Bicycles
- ✓ Covered parking
- ✓ Evening dancing
- ✓ Fashion shows
- ✓ Candlelight evenings
- ✓ Cocktail party
- ✓ Tasting of typical products
- ✓ Piano Bar
- ✓ Idrobike
- ✓ Wireless
- ✓ Internet Point

## ON REQUEST

- ✓ **Air service airport Venice - Treviso € 66 per person.**
- ✓ Discounted Green-Fees
- ✓ Golf lessons for beginners
- ✓ Trip with mountain bike
- ✓ Garage
- ✓ Tennis instructor
- ✓ Riding instructor
- ✓ Light exercises
- ✓ Rehabilitation gymnastic in thermal water
- ✓ Examination by specialists
- ✓ Personalised diets
- ✓ Congress Room
- ✓ Snack Bar in swimming pool
- ✓ Menu a la carte

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Hotel Terme Delle Nazioni is located 10 km from Padua and 40 km from Venice.  
Motorway exit: "Terme Euganee"